



# Milagritos *little miracles*

A folk art workshop with Rebekah Crisanta de Ybarra

"Milagros," or miracles, are a folk art and healing prayer tradition of Mexico. St. Paul folk artist Rebekah Crisanta shared the tradition of Milagros and a demonstration of *repujado* technique (metal embossing). We discussed how prayer can be art and how art and recycling can honor Mother Earth. The children created many beautiful prayers about love, family, and peace.

## About the Artist

Rebekah Crisanta de Ybarra is a multidisciplinary post-modern folk artist. She works in visual art, music, and performance. Her visual work is the contemporary expression of traditional *artesanías*. She is also a Mexica/Azteca dancer, a curator, and Director of Arts & Culture of the Westside non-profit Ce Tempoxcalli. For the past 10 years, she has worked as a teaching artist with non-profits, churches, and schools specializing in the environmentally just reuse of found-object and natural materials known as *resquatche*.